

# Kolbe Academy Home School

## HIGH SCHOOL PHYSICS WITH LAB *Kinetic Books Principles of Physics*

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**COURSE TITLE:** Physics with Lab

**COURSE DESCRIPTION:**

This course is designed to give an understanding of classical physics. Physics is the science of the natural laws of the physical universe, which, like the natural moral law, flow through creation, having as their origin the goodness of God. "The beauty of creation reflects the infinite beauty of the Creator and ought to inspire the respect and submission of man's intellect and will" (*New Catechism of the Catholic Church* 342).

This course is mathematical in nature and includes several math-based physics problems to work as well as conceptual problems. Students interested in taking the Advanced Placement test in Physics (B) would find the Honors track appropriate for preparation. However, the Kolbe Core (K) track also gives an appropriate background for a student planning on taking a math heavy physics class at a university. Kolbe Academy recommends that Physics be taken by the high school student in 11<sup>th</sup> or 12<sup>th</sup> grade after the successful completion of *Intro to Physics and Chemistry* in 8<sup>th</sup> or 9<sup>th</sup>, *Biology* in 9<sup>th</sup> or 10<sup>th</sup>, and *Chemistry* in 10<sup>th</sup> or 11<sup>th</sup>.

**SCOPE AND SEQUENCE:**

**(H)** = Honors Physics Students Only

1. Mechanics (Exam I and II)
  - a. Motion in 1, 2, and 3 dimensions
  - b. Force and Newton's Laws
  - c. Work, Energy and Power
  - d. Momentum
  - e. Uniform Circular Motion
  - f. Rotational Mechanics
  - g. Rotational Dynamics
  - h. Static Equilibrium
  - i. Gravity and Orbits
  - j. Fluid Dynamics (on Exam III **(H)**)
2. Thermodynamics (Exam III)
  - a. Temperature and Heat
  - b. Kinetic Theory of Gases
  - c. Laws of Thermodynamics
3. Mechanical Waves (Exam IV)
  - a. Oscillations and harmonic motion
  - b. Wave motion
  - c. Sound
  - d. Wave superposition and interference
4. Electricity and Magnetism (Exam V)
  - a. Electric Charge and Coulomb's Law
  - b. Electric Fields
  - c. Electric Potential
  - d. Electric Flux and Gauss' Law **(H)**
  - e. Electric Current and Resistance
  - f. Capacitors **(H)**
  - g. Direct Current Circuits
  - h. Magnetic Fields
  - i. Electric Current and Magnetic Fields (on Exam VI **(H)**)
  - j. Electromagnetic Induction (on Exam VI **(H)**)
5. Light and Optics (Exam VI)
  - a. Electromagnetic Radiation
  - b. Reflection
  - c. Refraction
  - d. Lenses
  - e. Interference **(H)**
  - f. Diffraction **(H)**

**DIPLOMA REQUIREMENTS:**

**Summa Cum Laude** diploma candidates are required to follow either the Kolbe Core course (K) or Kolbe Honors course (H) track outlined in the course plan, and are required to fulfill the laboratory component with this physics course (see page 5). **Magna Cum Laude** and **Standard** diploma candidates may choose to pursue the (H) or (K) designation, but are not required to do so, and instead have the option of altering the course plan as they choose. **Summa** students must complete 4 years of science during their high school course of study including Biology with Lab, Chemistry with Lab, Physics with Lab, and a pre-approved science elective. **Magna** students must complete 3 years of science during their high school course of study including Biology, Chemistry, and a physical science. **Standard** diploma students must complete 2 years of science including a biological and physical science. Note that this physics course fulfills the physical science requirement for both the **Magna** and **Standard** diplomas. For a student pursuing the **Magna Cum Laude** diploma, the science requirement dictates that lab work is incorporated into two of the following three courses: Biology, Chemistry or Physics. There is no lab requirement for the **Standard** diploma. Please see below for specific course titles, quarterly reporting requirements and transcript designations for physics.

**REQUIRED SAMPLE WORK:**

Designation*			K	K	H
	Physics	Physics w/ Lab	Physics	Physics w/ Lab	Physics w/ Lab
<b>Quarter 1</b>	1. Any written sample work.	1. Any written sample work. 2. Any sample lab work	1. Exam I with "Core" sections answered fully	1. Exam I with "Core" sections answered fully 2. 1 lab report	1. Exam I with "Honors" sections answered fully 2. 1 lab report
<b>Quarter 2</b>	1. Any written sample work.	1. Any written sample work. 2. Any sample lab work	1. Exam II 2. Exam III Each with all sections fully answered	1. Exam II 2. Exam III Each with "Core" sections answered fully 3. 1 lab report	1. Exam II 2. Exam III Each with "Honors" sections answered fully 3. 1 lab report
<b>Quarter 3</b>	1. Any written sample work.	1. Any written sample work. 2. Any sample lab work	1. Exam IV with all sections fully answered	1. Exam IV with "Core" sections answered fully 2. 1 lab report	1. Exam IV with "Honors" sections answered fully 2. 1 lab report
<b>Quarter 4</b>	1. Any written sample work.	1. Any written sample work. 2. Any sample lab work	1. Exam V 2. Exam VI Each with all sections fully answered	1. Exam V 2. Exam VI Each with "Core" sections answered fully 3. 1 lab report	1. Exam V 2. Exam VI Each with "Honors" sections answered fully 3. 1 lab report

\*Designation refers to designation type on transcript. K designates a Kolbe Academy Core course. H Designates a Kolbe Academy Honors course.

If the student wishes to have the course distinguished on the transcript with a (K) as a Kolbe Academy Core course, please be sure to send the correct exams and components each quarter for verification as specified above. **If no designation on the transcript is desired, parents may alter the lesson plan and any written sample**

**work is acceptable to receive credit for the course each quarter.** If you have any questions regarding what is required for the (K) designation or diploma type status, please contact the academic advisory department at 707-255-6499 ext. 5 or by email at [advisors@kolbe.org](mailto:advisors@kolbe.org).

### GOALS OF THE SCIENCE CURRICULUM:

1. To help the students to develop an appreciation of the order and beauty of creation.
2. To introduce students to the scientific disciplines.
3. To enable students to evaluate scientific claims.
4. To help the student discover whether he has any particular talent in the sciences.

### COURSE PLAN "AT A GLANCE" OUTLINE:

#### Core Physics (K)

##### **Quarter 1**

Weeks 1-6: Chapters 1-6  
Week 7: Exam I  
Week 8-9: Chapters 7-8

##### **Quarter 2**

Weeks 1-4: Chapter 8 (cont), 9-13  
Week 5: Exam II  
Weeks 6-8: Chapters 19-22  
Week 9: Exam III

##### **Quarter 3**

Weeks 1-4: Chapters 15-18  
Week 5: Exam IV  
Weeks 6-9: Chapters 23-25, 27

##### **Quarter 4**

Weeks 1-3: Chapters 29-30  
Week 4: Exam V  
Weeks 5-8: Chapters 34-37  
Week 9: Exam VI

#### Honors Physics (H)

##### **Quarter 1**

Weeks 1-5: Chapters 1-6  
Week 6: Exam I  
Week 7-9: Chapters 7-10

##### **Quarter 2**

Weeks 1-3: Chapter 11-13  
Week 4: Exam II  
Weeks 5-8: Chapters 14, 19-22  
Week 9: Exam III

##### **Quarter 3**

Weeks 1-3: Chapters 15-18  
Week 4: Exam IV  
Weeks 5-9: Chapters 23-29

##### **Quarter 4**

Week 1: Chapter 30  
Week 2: Exam V  
Weeks 3-8: Chapters 31, 32, 35-39  
Week 9: Exam VI

**Please note that many chapters are not covered in their entirety. Be sure to refer to the course plan that follows for specific guidance.**

### COURSE TEXTS:

*Principles of Physics* published by Kinetic Books

*Virtual Physics Labs* published by Kinetic Books

**Supplemental:** *Practical Physics Labs* by Peter Goodwin may be used as an alternative to Virtual Physics Lab if hands-on lab work is preferred.

AP Physics B preparation book for students interested in taking the AP Physics B exam. Local bookstores or libraries generally carry books by Princeton Review and Kaplan. You can find other suggestions at the College Board website: [www.collegeboard.com](http://www.collegeboard.com).

**COURSE PLAN METHODOLOGY:**

The beauty of the Kinetic Books program comes out through the interactive whiteboard applications integrated into the E-book. Their examples, concepts, and equation demonstrations really bring physics to a new level for home schooled students. Though the course could certainly be done just using the paper bound text, it is highly recommended that students take advantage of the computer based E-book and its whiteboard applications. The E-book offers the same benefits that a paper bound text has as students can highlight, enlarge text, and add notes as they read.

The chapters are laid out in the course plan with specific sections assigned. Please pay special care to the assignments, as several topics are skipped both in the Kolbe Core (K) and Kolbe Honors (H) courses because they are beyond the scope of this course. Problems corresponding to each section are also assigned. Some of the problems are strictly conceptual in nature while others do require that the student use higher level math skills from Algebra 2 and Trigonometry. Students may prefer to do all the reading for a chapter prior to attempting the problems, or they may prefer to alternate between reading and doing problems as the course plan suggests.

Most weeks have lab work assigned by using the Virtual Physics Lab or an Interactive Problem in the E-book. To qualify the course as a lab science, students should spend an average of one hour per week doing some type of lab work. Students may receive lab credit by other means than following the course plan suggestions such as a home school co-op, hands-on lab at home, college lab course etc. A separate grade should NOT be given for the lab work, but should be incorporated into the overall grade given for the course. Parents may determine the weight the lab component will have on the final grade, but typical values range from 15-25% of the total grade.

There are 6 exams incorporated into this physics course. These exams reflect the content of what is assigned in the weekly course plans. If students do the work assigned during the week, they should be adequately prepared for any question that arrives on the exams. The exams consist of many different types of questions including multiple choice, short answer, and problems. A few of the exam problems are adapted from unassigned problems in the Kinetic Books problems or taken from the Serway Physics texts. Students are not expected to memorize basic equations as they will be provided on the exams. However, they may need to derive certain equations from the given equations in order to solve an exam problem. Students wishing to receive the Kolbe Core (K) or Kolbe Honors (H) course designation must complete all the corresponding sections in each exams. Students may not skip or alter questions except when specified by the directions within the exam itself if they wish to receive the (K) or (H) designation for this course. As parents are the primary educator, they may alter the course plan or exams as needed if the student does not desire the (K) or (H) designation on the transcript.

Students interested in preparing for the AP<sup>®</sup> Physics B exam should follow the Kolbe Honors (H) track. Problems assigned to honors student tend to concentrate more heavily on the topics emphasized in the AP Physics B exam. There are a few *additional* topics not assigned within the Honors track that students preparing for the AP Physics B exam should include in their studies. These are indicated in the course plan, but are summarized for your convenience as follows: Chapters 4.20-4.23, 6.9-6.12, 9.9-9.13, 14.16-14.22, all of chapter 32, chapter 34.13-34.14, 37.22-37.24, 41.0-41.12, 42.0-42.7, 43.0-43.3, 43.5, 43.9-43.10, and 43.13-43.17. Students can find more information on the correlations between the AP Physics B exam and using the *Principles of Physics* book here: [http://www.kineticbooks.com/products/correlations/phys\\_cor\\_us\\_ap.html](http://www.kineticbooks.com/products/correlations/phys_cor_us_ap.html)

Finally, students preparing for the AP Physics B exam should be sure to use an AP Physics prep book. For more information on the AP Physics B exam, go to [www.collegeboard.com](http://www.collegeboard.com).

## ◆◆◆ FIRST QUARTER ◆◆◆

KOLBE ACADEMY WELCOME WEEK			
<b>MON</b>	Read pages 2-5 of the syllabus. Open your software and load it onto your computer. Take the time to insure that all of the applications and updates you need have been successfully downloaded on your computer.		
<b>TUES</b>	Open to Chapter 0, the Introduction. Go through 0.0 to 0.2.		
<b>WED</b>	Go through 0.3-0.5		
<b>THUR</b>	Go through 0.5-0.7		
<b>FRI</b>	Go through 0.8. Using the "Course Plan at a Glance" section on page 4 of this syllabus, take 20 minutes to browse through the table of contents so you will see what chapters you will be covering during your physics course. Look ahead to Week 1. Take stock of the material you will be covering. Make sure you understand what each assignment is and whether it pertains to the course of study you will be following. You are now ready to begin your physics adventure!		
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Notes</div>			
WEEK 1			
<p>When a section is assigned, students should sure to include all of the whiteboard applications in their studies: Concepts, Equations, and Examples. As a general rule of thumb, each section takes at maximum 10 minutes to read straight through, including doing the white board applications. Students may choose to save all the problem assignments until they have completed reading through the entire chapter, or they may follow a reading schedule as follows with the problems interspersed throughout. The quiz should be taken after the student has completed all the problem assignments for the chapter.</p> <p>This first two weeks will go at a fairly quick pace as it reviews basic units of measurement, mathematical functions and techniques, and introductory physics of motion concepts. Most students should already have these skills in hand from previous coursework so that the pace of the two weeks will not be overwhelming. If this is the student's first attempt at these concepts, the student may benefit from doing the assignments over a an additional week's timeframe.</p>			
Core Physics (K)		Honors Physics (H)	
◆◆◆ Chapter 1: Measurement & Math ◆◆◆		◆◆◆ Chapter 1: Measurement & Math ◆◆◆	
<b>1.0-1.9</b>	Read and do whiteboard applications.	<b>1.0-1.9</b>	Read and do whiteboard applications.
<b>Problems</b>	2.1-2.5, 3.1-3.5, 5.1, 8.1, 8.2, 8.4, 8.5, 8.7, 8.10, 9.1	<b>Problems</b>	2.1-2.5, 3.1-3.5, 5.1, 8.1, 8.2, 8.4, 8.5, 8.7, 8.10, 8.11, 9.1
<b>1.10-1.16</b>	Read and do whiteboard applications.	<b>1.10-1.16</b>	Read and do whiteboard applications.
<b>Problems</b>	10.1-10.4, 11.2-11.3, 12.2-12.3, 13.2-13.4	<b>Problems</b>	10.1-10.5, 11.2-11.3, 12.2-12.3, 13.2-13.4
<b>1.17-1.22</b>	Read and do whiteboard applications.	<b>1.17-1.22</b>	Read and do whiteboard applications.
<b>Problems</b>	17.1-17.3, 18.1-18.4, 19.1, 22.1	<b>Problems</b>	17.1-17.4, 18.1-18.5, 19.1, 22.1, A.1

<b>1.23-1.24</b>	Use the summary to review.	<b>1.23-1.24</b>	Use the summary to review.
<b>Quiz</b>	Chapter 1 Quizboard: All questions	<b>Quiz</b>	Chapter 1 Quizboard: All questions
<b>Problems</b>	C.2-C.10	<b>Problems</b>	C.2-C.10
<b>◆◆◆ Chapter 2: Motion in One Dimension ◆◆◆</b>			
<b>2.0-2.8</b>	Read and do whiteboard applications.		
<b>Problems</b>	0.1, 2.2, 2.3, 3.2, 3.4, 4.3-4.5, 4.7, 5.1-5.3, 5.5, 6.1-6.2, 7.1, 8.1		
<b>Important Vocabulary and Concepts for Chapter 1 (All Students)</b>			
metric system unit prefixes scientific notation	SI units standard unit conversions	length time mass	trig functions (sin, cos, tan) Pythagorean theorem radians
<b>Important Equations for Chapter 1 (All Students)</b>			
<u>Prefixes</u> giga (G) = $10^9$ mega (M) = $10^6$ kilo (k) = $10^3$	centi (c) = $10^{-2}$ milli (m) = $10^{-3}$ micro ( $\mu$ ) = $10^{-6}$ nano (n) = $10^{-9}$	Triangle relationships: $\sin \theta = \text{opp/hyp}$ $\cos \theta = \text{adj/hyp}$ $\tan \theta = \text{opp/adj}$	Pythagorean Theorem: $a^2 + b^2 = c^2$ Angle = $\theta = s/r$ $360^\circ = 2\pi$ radians
[Notes]			
<b>WEEK 2</b>			
<b>Core Physics (K)</b>		<b>Honors Physics (H)</b>	
<b>◆◆◆ Chapter 2: Motion in One Dimension ◆◆◆</b>		<b>◆◆◆ Chapter 2: Continued ◆◆◆</b>	
<b>2.0-2.8</b>	Read and do whiteboard applications.	<b>2.9-2.16</b>	Read and do whiteboard applications.
<b>Problems</b>	0.1, 2.2, 2.3, 3.2, 3.4, 4.3-4.5, 5.1-5.3, 6.1, 6.2, 7.1, 8.1	<b>Problems</b>	9.1, 9.2, 10.1, 10.2, 11.2-11.5, 11.7, 12.1, 13.1
<b>2.9-2.16</b>	Read and do whiteboard applications.	<b>2.17-2.22</b>	Read and do whiteboard applications.
<b>Problems</b>	9.1, 9.2, 10.1, 10.2, 11.2-11.5, 12.1, 13.1	<b>Problems</b>	18.1, 18.3, 18.4, 18.5, 18.7, 22.1,
<b>2.17-2.22</b>	Read and do whiteboard applications.	<b>2.23-2.26</b>	Omit 2.27. Read and do whiteboard applications.
<b>Problems</b>	18.1, 18.3, 18.4, 22.1	<b>2.28-2.29</b>	23.1, 23.2, 23.4, 23.7-23.8, 23.11, 25.1, 29.1
<b>2.23-2.26</b>	Omit 2.27. Read and do whiteboard applications.	<b>2.30-2.31</b>	Use the summary to review.
<b>2.28-2.29</b>	23.1, 23.2, 23.4, 23.7-23.8, 25.1, 29.1	<b>Quiz</b>	Chapter 2 Quizboard: All questions
<b>Problems</b>		<b>Problems</b>	C.1-C.6, C.9 -C.19
<b>2.30-2.31</b>	Use the summary to review.	<b>LAB</b>	Virtual Lab: Skee-Ball.
<b>Quiz</b>	Chapter 2 Quizboard: All questions	<b>◆◆◆ Chapter 3: Vectors ◆◆◆</b>	
<b>Problems</b>	C.1-C.6, C.9-C.12, C.14-C.18	<b>3.0-3.3</b>	Read and do whiteboard applications.
<b>LAB</b>	Virtual Lab: Skee-Ball:	<b>Problems</b>	0.1, 1.2, 3.1-3.3
		<b>3.4-3.8</b>	Read and do whiteboard applications.

		<b>Problems</b>	4.1, 4.2, 4.4, 5.1-5.3, 6.1-6.4
<b>Important Vocabulary and Concepts for Chapter 2 (all students)</b>			
position displacement speed	velocity average velocity instantaneous velocity	acceleration average acceleration instantaneous acceleration	free fall acceleration $g = 9.80 \text{ m/s}^2$
<b>Important Equations for Chapter 2 (all students)</b>			
$\bar{v} = \frac{\Delta x}{\Delta t}$ $\bar{a} = \frac{\Delta v}{\Delta t}$	$v_f = v_i + at$ $\Delta x = v_i t + \frac{1}{2} at^2$	$v_f^2 = v_i^2 + 2a\Delta x$ $\Delta x = \frac{1}{2}(v_i + v_f)t$	
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Notes</div>			